



GM Choices for Care from Blue Cross

Need minor medical care? Don't wait — there's a smart place for whatever you've got.

It's late at night and you're not feeling well. You know it's not an emergency, but you want to see a doctor and figure out what's going on. Why wait? Whether it's the middle of the night or Sunday afternoon, you and your family have convenient, smart options for non-emergency medical care from the General Motors Health Care Program, including:

Primary care doctor

Call your primary care doctor first when you're not feeling well. He or she knows you best and understands your health history.

24-Hour Nurse Line

Talk to a registered nurse at no cost, anytime day or night, when you have questions about an illness or injury.

Blue Cross Online VisitsSM

Call or video chat with a U.S. board-certified doctor using a smartphone, tablet, or computer, anytime of day or night.

Retail health clinics

Get walk-in medical care and a prescription, if you need it, at select drug store chains with extended hours near your home or workplace.

Urgent care centers

Get convenient in-person care for a wide range of non-emergency situations, even late and on weekends.

These smart, convenient options for care can be used for illnesses and injuries such as:

- Mild allergy symptoms
- Sore throat and cough
- Colds and flu
- Low-grade fever
- Earache
- Eye irritation or redness
- Skin rash
- Minor burns, cuts and scrapes
- Painful urination
- Sprains and strains

So go ahead and get the care you need, right when you need it.

Learn more about your options for non-emergency care at bcbsm.com/gmcare.